



PERSONA #2.4 & 2.5

M.S. Cortinez

Opioid Management: Assessing Patient Goals and Pain Level



DATE OF BIRTH: August 14, 1961

RACE: Hispanic

GENDER: Female

OCCUPATION: Coffee Shop Owner

ADDRESS: 2911 Fentora Drive Hurt, VA 24563

PROBLEM LIST: Chronic spinal disease/spinal stenosis, hypertension

HISTORY OF PRESENT ILLNESS

M.S. Cortinez has received multiple eCare plans at this point and is now receiving a "maintenance" eCare plan for her opioid medication. She states that she is taking the medication as prescribed. When reviewing her med list, the pharmacy technician asks if she has started any new medications since last month. MSC states that she started taking ibuprofen 400 mg one time daily without asking her doctor to help with her pain.

Upon MSC picking up her prescription this month, you document this month's follow-up opioid related eCare plan. Also, you talk about her pain relief goals.

When asked about her blood pressure, MSC stated that she thinks it's been controlled.

PAST MEDICAL HISTORY

Spinal Stenosis x 5 years

Hypertension x 5 years

ACTIVE MEDICATIONS

Oxycontin 20 mg TID, Losartan 50 mg QD,
Triamterene/HCTZ 37.5/25 QD, Narcan Nasal Spray
4mg/0.1 mL

FILL HISTORY

MSC currently is taking her medications as prescribed and filling consistently without trying to get the Oxycontin too soon.

ALLERGIES

NKA

SOCIAL HISTORY

MSC owns her own coffee shop. She does not exercise due to her pain issue.

VITAL SIGNS AND LABS

- **Vital signs:**
None reported
- **Complete metabolic panel and fasting lipid panel:**
Labs not provided to the pharmacy

MEDICATION RELATED PROBLEM(S)

No new medication related problems.

INTERVENTION(S) AND EDUCATION (RECOMMENDATIONS)

MSC states that her pain is now controlled after starting ibuprofen 400 mg one time daily.

PDMP checked on 7/10/20 by Jacob, CPhT.

MME: 90/day

GOALS

Have minimal pain in order to enjoy playing with grandkids.

MONITORING PLAN AND FOLLOW-UP

Discuss ibuprofen with MSC in more detail next month.

Sample Care Plan Case

Encounter Reason (7/13/20): High Risk Drug Monitoring

Patient Demographics:

Patient First Name: M.S.

Patient Last Name: Cortinez

Patient DOB: 8/14/61

Address: 911 Fentora Drive

City: Hurt

State: VA

Zip: 24563

Phone: 434-111-1111

Allergies: No Known Drug Allergies

Active Medication List:

Medication Name	Directions	Prescriber
Oxycontin 20 mg	1 tablet three times daily	Dr. Ouch
Losartan 50 mg	1 tablet daily	Dr. Ouch
Triamterene/HCTZ 37.5/25 mg	1 tablet daily	Dr. Ouch
Narcan Nasal Spray 4mg/0.1mL	For suspected opioid overdose, administer a single spray of nasal spray in one nostril. May repeat after 3 minutes if no or minimal response.	Dr. Ouch

Medication-Related Problems (MRPs) and Interventions:

- **MRP:** No medication related problems to note this month.
- **Intervention (7/13/20):** Opioid Medication Review (or Pain Medication Review)
 - **Intervention Note:** MS Cortinez states that her pain is now controlled after starting ibuprofen 400 mg one time daily. PDMP checked on 7/10/20 by Jacob, CPhT. MME: 90/day.

Goals (Free-Text):

- **Goal (7/13/20):** Have minimal pain in order to enjoy playing with grandkids.

Care Coordination Note (Free-Text):

MSC takes Oxycontin 20 mg TID as prescribed. We dispensed naloxone last month and educated MSC.

MSC states that she has controlled pain now and her goal is to be able to play with grandkids with minimal pain. She self-started ibuprofen 400 mg one time daily earlier this month.

We discussed ibuprofen with her and she is potentially interested in taking ibuprofen 400mg more frequently in order to take less Oxycontin.