PERSONA #2.2

M.S. Cortinez

Improve patient follow-up and monitoring: Discuss Naloxone with appropriate patients

DATE OF BIRTH: August 14, 1961
RACE: Hispanic
GENDER: Female
OCCUPATION: Coffee Shop Owner
ADDRESS: 2911 Fentora Drive Hurt, VA 24563
PROBLEM LIST: Chronic spinal disease/spinal stenosis, hypertension

HISTORY OF PRESENT ILLNESS

You remember doing a pain medication review for M.S. Cortinez last month and documenting a care plan. MSC has been chronically taking Oxycontin 20 mg TID, which has an MME of 90. The prescribed dose is above 50 MME, in which the CDC states that > 50 MME/ Day signifies increased risk associated with an opioid medication.

PAST MEDICAL HISTORY

Spinal Stenosis x 5 years
Hypertension x 5 years

ACTIVE MEDICATIONS

Oxycontin 20 mg TID, Losartan 50 mg QD, Triamterene/HCTZ 37.5/25 QD

FILL HISTORY

MSC is not consistent with her hypertension medication refills. MSC consistently refills her Oxycontin each month.

ALLERGIES

NKA

SOCIAL HISTORY

MSC owns her own coffee shop. She does not exercise due to her pain issue.

VITAL SIGNS AND LABS

- **Vital signs:**
  Patient-Reported BP (5/14/20): 118/76 mmHg
- **Complete metabolic panel and fasting lipid panel:**
  Labs not provided to the pharmacy

MEDICATION RELATED PROBLEM(S)

MSC has a daily MME of 90, which makes her a candidate for naloxone.

INTERVENTION(S) AND EDUCATION (RECOMMENDATIONS)

Provided Narcan for MSC to have on hand in order to increase safe use of Oxycontin.

GOALS

Inform someone who interacts with you frequently (e.g., family member) about what Narcan is and when it should be used. Utilize info provided by the pharmacy.

MONITORING PLAN AND FOLLOW-UP

Follow up with MSC next month to review her goal of discussing Narcan with another person and discuss safe storage of Oxycontin.

Sample Care Plan Case

Encounter Reason (5/14/20): High Risk Drug Monitoring

Encounter Reason (4/15/20): High Risk Drug Monitoring

Patient Demographics:

Patient First Name: M.S. **Patient Last Name:** Cortinez **Patient DOB:** 8/14/61

Address: 911 Fentora Drive **City:** Hurt **State:** VA **Zip:** 24563 **Phone:** 434-111-1111

Allergies: No Known Drug Allergies

Active Medication List:

Medication Name	Directions	Prescriber
Oxycontin 20 mg	1 tablet three times daily	Dr. Ouch
Losartan 50 mg	1 tablet daily	Dr. Ouch
Triamterene/HCTZ 37.5/25 mg	1 tablet daily	Dr. Ouch

Medication-Related Problems (MRPs) and Interventions:

- **MRP (5/14/20):** Additional medication required.
  - **MRP Note:** MSC has a MME of 90. Naloxone is recommended per CDC.
- **MRP (4/15/20):** Medication dose too high.
  - **MRP Note:** Oxycontin 20 mg TID. Daily MME = 90, high dose of opioids which puts MSC at risk.
- **Intervention (5/14/20):** Recommendation to start prescription medication.
  - **Intervention Note:** Narcan was filled and counseling provided.
- **Intervention (4/15/20):** Pain medication review.
  - **Intervention Note:** MME = 90 MME/day. Chronic Use. Oxycontin indication: chronic spinal disease/spinal stenosis. Brandi, Pharmacist checked PDMP on 4/15/2020.

Goals (Free-Text):

- **Goal Note (5/14/20):** Inform someone who interacts with you frequently (e.g., family member) about what Narcan is and when it should be used. Utilize info provided by the pharmacy.