PERSONA - IMMUNIZATION/DIABETES #1

Diane Ketone Anderson

Initial Screening for Immunizations using the Appointment Based Model



DATE OF BIRTH: July 13, 1962

RACE: White
GENDER: Female

OCCUPATION: Office Assistant for an elementary school **ADDRESS:** 1 Metabolic Syndrome Way, Sugar City, CO 83448

PROBLEM LIST: Hypertension, post-menopausal vasomotor symptoms

HISTORY OF PRESENT ILLNESS

DKA is a 58 yo Caucasian woman who comes to your pharmacy to receive her annual flu shot. She normally receives her "flu" vaccine at her physician's office, but due to COVID-19, her physician office hours have been reduced and she did not want to wait to receive her vaccination. She is new to your pharmacy and has asked that her prescriptions be transferred to your pharmacy.

PAST MEDICAL HISTORY

Hypertension X 3 years
Post- menopausal vasomotor symptoms X 5 years

ACTIVE MEDICATIONS

Losartan 25 mg QD Paroxetine 10 mg QD Calcium 500mg + Vitamin D BID Multivitamin QD

ALLERGIES

Penicillin-Anaphylaxis, Codeine-Stomach upset

SOCIAL HISTORY

Married with 3 adult children. DKA has worked at her local elementary school for the past 10 years. She is a non-smoker. She admits that she doesn't exercise regularly, but she does take a 1.5 mile walk 3 times weekly.

FAMILY HISTORY

Father passed away with lung cancer 20 years ago. Mother lives in Assisted Living Center due to early dementia and difficulty controlling her type 2 diabetes (now using insulin).

VITALS

Height: 5'3, Weight = 155 lbs, BMI 27.45, Waist 35 inches, BP = 140/88 mmHg

LABS

DKA had a health screening done at her place of business and brought her results with her to share with you. It was a random (non-fasting) finger stick stick on 10/15/20: TC = 250, HDL = 35, blood glucose 112.

MEDICATION RELATED PROBLEM(S)

None specifically, except that DKA is **in need of a flu shot** and her medications transferred to the pharmacy.

INTERVENTION(S) AND EDUCATION (RECOMMENDATIONS)

- DKA received counseling on flu vaccine and VIS
- Flu shot administered
- Medication reconciliation completed and transfer of medications initiated
- Patient accepts your recommendation to have her medications sync'd

GOAL

Pharmacy will be calling 5 days prior to DKA's next medication refills. DKA will pick-up her medications at the same time next month.

MONITORING PLAN AND FOLLOW-UP

- DKA instructed to call the pharmacy if she experiences an adverse reaction from the flu shot. She was informed that a sore arm is possible.
- Medications are sync'd and the appointment-based model initiated for next fills in 1 month.

Sample Care Plan Case

Encounter Reason: Administration of substance to produce immunity, either active or passive

Patient Demographics:

Patient First Name: Diane Patient Last Name: Anderson Patient DOB: 7/13/62

Address: 1 Metabolic Syndrome Way City: Sugar City State: CO Zip: 83448 Phone: 719-111-1111

Allergies: Penicillin-Anaphylaxis, Codeine-Stomach upset

Active Medication List:

Medication Name	Directions	Prescriber
Losartan 25 mg	1 tablet daily	Dr. Beetus
Paroxetine 10 mg	1 tablet daily	Dr. Beetus
Calcium 500 mg + Vitamin D 1000 IU	1 tablet twice daily	Self
Multivitamin	1 tablet daily	Self

Medication-Related Problems (MRPs) and Interventions:

- MRP (11/2/2020): Not up to date with immunizations
- Intervention (11/2/2020): Administration of substance to produce immunity, either active or passive
 - Intervention Note: FluLaval Quadrivalent; Counseling and VIS provided

Goals (Free-Text):

 Goal (11/2/2020): Pharmacy will be calling 5 days prior to DKA's next medication refills. DKA will pick-up her medications at the same time next month.