

## COVID-19 Pandemic Guidance Document

This is a fluid situation. Suggestions may change as the situation evolves and new information becomes available.

Follow CDC recommendations to help prevent the further spread of COVID-19.

[CDC Online](https://www.cdc.gov/coronavirus/2019-ncov/index.html) (https://www.cdc.gov/coronavirus/2019-ncov/index.html)

If you experience symptoms, seek medical attention, get tested, self-quarantine for 14 days

**Signs of COVID 19 infection:**                      **Fever**                      **Cough**                      **Shortness of breath**

If sick with another illness, stay home until illness resolved or considered non-contagious by health professional

Wash hands frequently for at least 20 seconds.

Disinfect hands with appropriate product containing at least 60% alcohol frequently.

**♦As a precautionary measure for our staff, please disinfect hands before and after interactions in our pharmacy and with our delivery drivers.**

If possible, try to maintain at least a 6 ft. distance from others.

Try to avoid touching eyes, nose, face.

Clean and disinfect frequently touched surfaces on a routine basis.

Avoid unnecessary travel.

Avoid attending events with large groups of people.

General facemask use is not discouraged, but is strongly recommended if you are sick or caring for someone who is currently sick or has been sick in the last 14 days.

Consider enrolling in Med Sync to minimize opportunities for exposure. (Med Sync informational guide attached)

Under the current circumstances, GuidePoint Pharmacy is offering unique delivery options supported by the Minnesota Board of Pharmacy. Your personal signature may not be required, but **verbal authorization is necessary.**

♦Delivery to central work locations servicing more than 1 patient

♦Delivery to residences in which patients are unable to personally receive the package at their door

*If the signature waiver is utilized, you may be asked to verify receipt of the prescription if insurance requires.*

**We understand that people may be worried about the current pandemic situation. GuidePoint Pharmacy continues to offer mail-out\* and local delivery options to minimize risk of disease exposure and transmission.**

\*Due to insurance restrictions by Optum Rx, pharmacies are unable to provide mail-out service for their insured. You may call their helpdesk at 800-752-5863 to ask for an exception to their no-mail and no-deliver policy.

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